

Types of Advance Directives



Durable Power of Attorney

Designates Healthcare Proxy to Make Medical Decisions if Incapacitated, Ensures Wishes for Medical Care Are Honored



Living Will

Outlines Preferences for Medical Care if Unable to Communicate, Provides Guidance to Healthcare Providers & Family



Physician Orders for Life-Sustaining Treatment (POLST)

Outlines Preferences for Medical Care in Emergency, Ensures Clear Guidance on Resuscitation, Interventions, & Artificial Nutrition/Hydration, Different From Other Directives as a Medical Order Signed by a Healthcare Provider



Do Not Resuscitate (DNR) Order

Medical Order Instructing Healthcare Providers Not to Attempt Resuscitation if Heart Stops or Breathing Ceases, Typically Used by Those With Terminal Illnesses or Who Reject Aggressive Medical Interventions